CONTACT PRECAUTIONS INSTRUCTIONS FOR VISITORS

Before Entering Room

1 HAND HYGIENE



- Perform hand hygiene before putting on the gown and gloves
- Wash hands with soap and water or use an alcohol-based hand rub

2 PUT ON A GOWN



- Opening is in the back
- Secure at neck and waist
- If gown is too small, use two gowns
 - Gown #1 ties in front
 - Gown #2 ties in back

3 PUT ON GLOVES



- Put on gloves last
- Select correct type and size
- Insert hands into gloves
- Extend gloves over isolation gown cuffs

Before Leaving Room

1 REMOVE ISOLATION GOWN

- Unfasten ties
- Peel gown away from neck and shoulder



- Turn contaminated outside toward the inside
- Fold or roll into a bundle
- Discard into blue hamper bag

2 REMOVE GLOVES



- Grasp outside edge near wrist
- Peel away from hand, turning glove inside-out
- Hold in opposite gloved hand



- Slide ungloved finger under the wrist of the remaining glove
- Peel off from inside, creating a bag for both gloves
- Discard in red trash bag in room

3 HAND HYGIENE



- Perform hand hygiene immediately after removing gown and gloves
- Wash hands with soap and water or use an alcohol-based hand rub

